

BEST PRACTICE- I

Title of the practice: –

Mentorship Program for learners

Context

Mentoring is a unique method of supporting students to improve their learning and leadership skills, motivating them towards their future career development. With this in mind, the college has a mentorship programme wherein the faculty members are given training on mentor system and meet the students on day-to-day basis to listen to their issues and guide them on their overall personality development. Mentorship programs for college students can help incoming students adjust better to the new lifestyle of being a college student. Mentorship programs also provide students with resources and networking opportunities for when they graduate and enter the workforce.

Objective:

The objectives of the mentorship for the students include:

- To help B.Ed students to understand the challenges and opportunities present in the college and develop a smooth transition to campus life.
- To counsel academically weak students and to play an important role in helping troubled students cope with academic, extra-academic and personal problems.
- To provide positive role models to students in the college.
- To proactively try to identify problems of the general student populace and to bring them to the notice of the concerned authorities

Practice the goal of career advancement:

- a) Help students learn skills and prepare for career development.
- b) Socio-psychological function: helping students to develop a sense of capacity and identity.
- c) Learning from students: new technologies, new developments and important characteristics of the next generation
- d) Sharing suggestions, opinions and questions on a personal or professional level

Need for orientation program:

As a background to our college in a rural setting, here we note that students have a training and a special level of motivation when they are admitted to the university. These students not only have misunderstandings, but also lack experience and cannot have a brief understanding of professional courses. Students need a different time to come out of their shells and face the demanding world. These students should be treated individually by setting reasonable goals and striving to cultivate their confidence and independence. We also understand that these students should participate in challenging activities and provide polite negative comments when necessary. The mentoring program was launched at the RLS COE in sidhrawali, with the purpose of sharing the instructor's knowledge, suggestions and resources with the trainees. When designing the plan, pay attention to understanding the level of students' new perspectives on technology. The current need is to have a sense of the future in skill development, combined with diligent and informed methods to obtain better future career opportunities.

Way of conducting orientation program

Practical coaching programs always try to help apprentices realize their career paths by providing guidance, motivation, emotional support, and role models. The plan allows open discussions with adult students to study gray areas and highlight personal positives. During the discussion, the instructor provided information to improve the trainee. Then consider the general needs of the students when planning the activity. Conduct group assessments of the activities and announce the results. The winning group expressed their appreciation by providing a thank you letter. Announce the next event next week. These activities help and inspire students to establish contact with themselves, each other and the surrounding environment. These activities help them connect and learn from each other to advance their goals. Students unanimously stated that participating in the mentoring program gives them more confidence and motivates them to make a difference in their lives. They also talked about its impact on their academic and personal growth, and how powerful it is to be part of something "bigger than us."

Best Practice 2

Title of the Practice:

Eco-friendly and Green Campus

Context:

Today there is a great need for conservation. because we are facing several environmental problems. The main cause behind these problems is that human beings are consuming natural resources at a much quicker pace than they can be replenished. Pollution is becoming very serious day by day due to deforestation and urbanization. As Rao Lal Singh College of Education, Sidhrawali is situated in Gurgaon in Haryana, India and it receives moderate rainfall. It was necessary to look forward to making efficient use of available water and other resources. A clean and healthy environment aids effective learning and provides a conducive learning environment. We decided to educate and make aware students of the issues such as renewable energy sources, waste management, recycling, and also to promote sound environmental behavior. We decided to work in the areas of power, plant, water, and cleanliness. The stakeholders work to develop an eco-friendly, sustainable campus and to disseminate the concept of eco-friendly culture.

Goal:

- To save the human being from the effect of environmental pollution.
- Eco-campus by planting more trees.
- Conservation as well as generation energy.
- Efficient use of available water.
- Proper waste management.
- To tell environment degradation.
- Planting and maintaining trees.
- To accept clean production concept

NEED AND DESCRIPTION OF PRACTICE

The Eco-club will be committed towards raising social awareness regarding environmental issues and changing students' attitude towards the environment by enlisting their active participation in club's activities. Following are the initiatives for making eco- friendly campus:

- **Plantation:**

The different varieties of plant species are planted at defined intervals in the campus with the help of stakeholders. During last five years, college has planted many of plants. and trees. Present green campus is the outcomes of our sincere efforts. Action based activities like tree plantation, cleanliness drives both within and outside the college campus should be organized.

- **Conservation of energy:**

College receives inadequate power supply from local power grid for its academic and administrative needs. Hence, in order to meet our requirements, the resources are used very economically which is resulted in minimum expenditure on fuel, electricity bills. This helps us to overcome reliance on erratic power supply. Following initiatives are employed on campus:

- Tube lights and bulbs have been replaced with CFL and LED lamps.
- Optimum power utilization is practiced.
- Plants in the campus are watered without wasting the water.
- Water harvesting system is in place to collect roof top water into the underground drainage.
- Students are provided safe and clean drinking water.
- The wet waste and dry leaves of plants are used for vermiculture.
- Exhaust fan is installed in the laboratory to expel hazardous gases.

Evidence of Success:

- The green campus developed by college helps not only to save the environment, but also adds to the beauty of the campus. Besides providing shed to people, the plants are used for scientific studies.
- College is able to save a lot of money on electricity bills due above initiatives and is evidenced from the past electricity bills.

- Water conservation methods employed are helping maintaining gardens and campus green and eco-friendly.
- Ban on plastic items, vermiculture and vermicompost has made college campus clean and beautiful.
- Eco-campus strategies employed resulted in one of the beautiful and clean college in the vicinity. It has resulted in attracting more students.
- To create awareness regarding Yamuna pollution, its cleaning and rejuvenation among students visit to water bodies/ rain water harvesting structures/ biodiversity parks. Practicing water conservation activities.

OBSTACLES AND STRATEGIES TO OVERCOME

- Despite of the advantages that the technology and modern industry has taken the human beings to a convenience way of living, there are also some disadvantages accompanying this level of success. Environmental imbalance is one of the biggest disadvantages that gradually has posed a serious threat to all living things in this Earth in many ways. Over the decades, climate change and global warming, a form of the environmental imbalance has shown some impacts such as sea level rising, abnormal storms, hurricanes and flooding, severe heat waves, increased earthquakes, growing serious health risks, extinction of plant and animal species, just to name a few. The biggest cause of these environmental imbalances was the result of human activities in modifying the environment to fulfill their needs, and therefore, it is our responsibility to take action to minimize the imbalances.
- Green campus is a concept to help diminishing the impact of global warming by promoting and performing the environmentally sustainable practices in educational institutions. Aside from focusing only on educational institutions, the significant difference between the two

concepts is the education indicator.

- Green campus has brought many benefits in terms of environmental benefits. Preservation and healthy growth of plants require a lot of human resource planning. Water shortage problem was overcome with drip irrigation.
- Adaptability Struggle is the main issue with young generation. They need to be aware about the global issues.

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The Impact/Outcome

This programme has been a rewarding experience for learners. Teacher educators have become more aware of and comfortable with students in maintaining green campus.

- The college has displayed various slogans on environment awareness in the campus to propagate green campaign successfully. These slogans encourage students to protect plants and keep the environment eco-friendly.
- Use of paper cups and plates is encouraged and the use of plastic bags and plastic tea cups is banned. Plastic free culture is imbibed.
- Less paper communication and correspondence are practiced routinely. It encourages and practices communication through e-mails and social media.
- Organize rallies, marches, human chains at public places with a view to spread environmental awareness.